

## **The Pennsylvania Athletic Trainers' Society 2017 Athletic Training Student Symposium is Hosted by East Stroudsburg University**

*The Pennsylvania Athletic Trainers' Society 2017 Athletic Training Student Symposium was hosted by East Stroudsburg University on March 31st through April 1st in East Stroudsburg, PA. Athletic training students from 12 athletic training education programs across the Commonwealth enjoyed educational programming, peer presentations, exhibits and professional networking.*

East Stroudsburg, PA ([PRWEB](#)) April 14, 2017 -- The 2017 Pennsylvania Athletic Trainers' Society (PATS) Athletic Training Student Symposium hosted by East Stroudsburg University (ESU) began on the evening of March 31st with welcoming remarks from Dr. Marcia Welsh, President of ESU, and Gerard Rozea, Program Director of ESU's Athletic Training Program. Athletic training students from 12 athletic training programs from across the Commonwealth were then able to network with their peers, professors and other members of PATS during a welcome social. In addition to enjoying pizza, networking and a photo booth, athletic training students participated in Can Jam competitions, singing and dancing.

During the second day of the symposium, athletic training students attended multiple presentations ranging from topics in sports nutrition, sports psychology, concussions, equipment removal, advanced functional movement screening, interviewing skills, sacroiliac dysfunction, suturing techniques and leukotaping. The presentations were a collaboration from the Athletic Training and Exercise Science Departments of ESU and other professionals throughout northeast Pennsylvania.

In addition to the clinical breakout sessions, attendees were able to learn from their peers through presentations by fellow students. John D. Vineyard from Slippery Rock University presented "Correlation Between Heart Rate and Core Body Temperature in Collegiate Long-distance Runners During Practices in a Hot, Humid Environment. Shawn Fliszar, athletic training student from Moravian College, presented "Tibialis Anterior Rupture in a Collegiate Basketball Player. Two students from ESU presented. Matthew Hugg presented "When Guts Prevent Gusto: Sigmoid Volvulus in a 21 year-old Basketball Player" and Nicole Koniarz presented "Breathing Through a Straw: A Collegiate Swimmer with Cystic Fibrosis".

East Stroudsburg University appreciated all of the hours, hard work and volunteering to make the entire symposium a success. For more information regarding this topic or to schedule an interview with PATS President Gaetano Sanchioli, MS, LAT, ATC, PES ([president\(at\)gopats\(dot\)org](mailto:president(at)gopats(dot)org)), please contact Linda Mazzoli, MS, LAT, ATC, PATS Executive Director at [patsexecutivedirection\(at\)gopats\(dot\)org](mailto:patsexecutivedirection(at)gopats(dot)org).

The Pennsylvania Athletic Trainers Society, Inc is a progressive organization of licensed healthcare professionals who work under the direction of a licensed physician. Our society continues to increase public awareness and education regarding Athletic Trainers and the Athletic Training profession while serving as the premier source of information for public safety, injury and illness prevention, early intervention, patient care, and healthcare delivery for the physically active in the Commonwealth.

"The Keystone to a Healthy and Physically Active Life"

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**Online Web 2.0 Version**

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