

PATS Executive Director, Linda Mazzoli, Addresses Attendees at the First Annual Topics in Sports Medicine Conference Held at Albright College

The First Annual Topics in Sports Medicine Conference was held at Albright College on July 30th 2015. The conference which was a collaboration between Penn State Health, St. Joseph and Albright College Sports Medicine included medical presentations on a variety of current topics in sports medicine and PATS news.

Reading, PA ([PRWEB](#)) August 26, 2015 -- Penn State Health, St. Joseph and Albright College Sports Medicine collaborated to present the First Annual 2015 Topics in Sports Medicine. The evening began with a “State of the Union” address from Pennsylvania Athletic Trainer Society Executive Director, Linda Mazzoli. Linda presented about the current state of the athletic training profession in Pennsylvania and the projected endeavors and goals of the Pennsylvania Athletic Trainers Society.

The remaining list of presentations discussed current trends in sports medicine, including concussion awareness, biomechanics of powerlifting, diagnosis and treatment of spondylolysis, anterior cruciate ligament (ACL) surgical considerations and treatment of acute shoulder injuries in athletes. These presenters included biomechanics specialists, primary care physicians and specialized orthopedic surgeon from the local community.

The Emergency Preparedness Coordinator from Penn State Health St. Joseph gave the last presentation of the evening about the NATA recommendations for the new Pennsylvania EMS protocol when dealing with the care of the spine injured athlete. The presentation was then followed by a lab to practice skills in accordance with the new NATA recommendations.

Penn State Health St. Joseph and Albright College Sports Medicine were excited to host this event and look forward to future collaborated opportunities. Rick Partsch, Head Athletic Trainer at Albright College stated, "This event was a great opportunity for Albright College Sports Medicine and Penn State Health-St. Joseph to build on their newly formed relationship. It was also an excellent environment for athletic trainers to interact with top medical professionals from the local community."

The Pennsylvania Athletic Trainers' Society, Inc. is a progressive organization of licensed health care professionals who work under the direction of a licensed physician. Our society continues to increase public awareness and education regarding Athletic Trainers and the Athletic Training profession while serving as the premier source of information for public safety, injury and illness prevention, early intervention, patient care, and healthcare delivery for the physically active in the Commonwealth.

“The Keystone to a Healthy and Physically Active Life”



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