

The Pennsylvania Athletic Trainers' Society (PATS) well-represented at the 4th Annual Central PA Sports Medicine Symposium

Recently, the Penn State Hershey Bone and Joint Institute and CPRS Physical Therapy held the 4th Annual Central PA Sports Medicine Symposium at the beautiful Hershey Lodge in Hershey, PA. Over 220 attendees enjoyed debates, evidence based presentations, breakout sessions, lunch and networking with the area's best medical professionals.

Hershey, PA (PRWEB) September 16, 2016 -- The Pennsylvania Athletic Trainers Society (PATS) was well-represented at the recent 4th Annual Central PA Sports Medicine Symposium held by Penn State Hershey Bone and Joint Institute and CPRS Physical Therapy in Hershey, PA. The Penn State Hershey Bone and Joint Institute and CPRS Physical Therapy continue to offer the region's most engaging and affordable CEU event for healthcare professionals. The planning for this event begins in late fall with Dr. Robert Gallo, Lynn Brumbach, Jeff Shields and Jess Cecco deciding on topics, recruiting speakers, applying for evidence based practice (EBP) credits, selecting lecture sites and menus and creating a schedule for the seminar. Many of the topics are selected after reviewing all the evaluation forms from the prior year trying to match many of the requests.

Topics of this year's symposium included but were not limited to management of acute type III AC joint separations, low back pain in adolescent athletes, functional movement screens, hand and wrist injuries, ice and NSAIDS, autism and behavioral disorders, running shoes, and the female athlete. Dr. Robert Harbaugh, director of the Penn State Neuroscience Institute and chair of Penn State Hershey Neurosurgery presented on Concussion and CTE. He serves on the NFL'S Head, Neck, and Spine Committee and is the leader of the "Subcommittee for the Development and Management of Prospective Database for NFL Players". In addition, the event hosted many other medical professionals including but not limited to Dr. Robert Gallo, Dr. Matthew Silvis, Dr. Pete Seidenberg, Dr. Michael Darowish, Dr. Jessica Butts, Dr. Cayce Onks, Michael Lehr, Dr. Gregory Billy, Mark Brown, Dr. Dhawan, Dr. Scott Lynch and Dr. Shawn Phillips.

This year, PATS proudly sponsored free WiFi for all attendees of the symposium at the Hershey Lodge. Wes Mallicone, PATS South Central Representative, organized a PATS display table in the exhibitor's hall during the seminar. His efforts emphasized networking with the more than 200 athletic trainers in attendance as he distributed PATS lip balm, lanyards, pens and the ever-popular PATS sunglasses. PATS was also recognized in the symposium handbook with a full page color ad. In addition, the PATS logo was displayed on all of the speakers Power Point presentations. Wes and PATS were recognized during the introductions for the symposium. Many thanks to Wes and PATS for the outstanding show of support.

The early reviews of the 4th Annual Central PA Sports Medicine Symposium are extremely positive and the goal is to continue to raise the bar and provide the very best in continuing education to the area's professionals. For more information regarding this topic or to schedule an interview with PATS President Gaetano Sanchioli, MS, LAT, ATC, PES (president(at)gopats(dot)org), please contact Linda Mazzoli, MS, LAT, ATC, PATS Executive Director at patsexecutivedirection(at)gopats(dot)org.

The Pennsylvania Athletic Trainers Society, Inc is a progressive organization of licensed healthcare professionals who work under the direction of a licensed physician. Our society continues to increase public awareness and education regarding Athletic Trainers and the Athletic Training profession while serving as the premier source of information for public safety, injury and illness prevention, early intervention, patient care,



and healthcare delivery for the physically active in the Commonwealth.

"The Keystone to a Healthy and Physically Active Life"



Contact Information
Mike Prybicien
District 2 National Athletic Trainers Association
http://www.natad2.org/
+1 (201) 788-2961

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