

Dr. Joseph Shaffer, PhD, LAT, ATC, PES
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Waynesburg, Pa

I am humbled and honored to have been nominated for President-Elect within the Pennsylvania Athletic Trainers' Society, Inc. This position is vital in helping to maintain the highest level of professionalism while encouraging continuous improvements and advancements within the Athletic Training profession. I believe I am capable of meeting the demands of this position. I would like to be the President-Elect because I feel I can make an immediate impact that will contribute directly to the success and advancement of the PATS and the profession of Athletic Training.

I graduated from Lock Haven University of Pennsylvania in May of 2005 with a Bachelor of Science degree in Health Science, concentrated in Athletic Training. Following graduation, I enrolled at West Virginia University in the post-professional graduate Athletic Training Program. I completed the program in May of 2007 following the completion of my thesis: *Effects of a Six-Week Land-based And Aquatic-Based Plyometric Training Program on Power, Peak Torque, Agility, and Muscle Soreness*. After a few years of gaining valuable clinical experience, I decided to go back to the classroom to earn my Ph.D in Athletic Training. I enrolled at Rocky Mountain University of Health Professions (RMUoHP) where I graduated in May of 2017 following completion of my dissertation: *The use of the selective functional movement assessment on patients experiencing low back pain*. My education at RMUoHP also provided the opportunity to advance my knowledge and performance with program and institutional assessment and developing policy and procedures.

In addition to my educational degrees, I hold several certifications including; SFMA certification (June, 2015), FMS certification (March, 2012), Y-Balance certification (March, 2012), Performance Enhancement Specialist (October, 2010), and both AHA BLS Instructor (August, 2012) and ARC BLS and Healthcare Provider CPR/AED Instructor (May, 2002) certifications.

I have been a continuous certified member of the National Athletic Trainers' Association since 2005 as well as being licensed as an Athletic Trainer in Pennsylvania since 2007. I have also maintained my national provider identifier since 2009. I am currently a member of the West Virginia Athletic Trainers' Association (June, 2005) where in 2016-2017, I was a part of the public relations committee on improving the website communication and design. I also am a current member of PATS since 2004.

I was recently asked to be a part of the Assessment Task Force Committee at Waynesburg University (August, 2017) due to my previous experience on program and institutional assessment and advancement committees. I am a committee member of the Sports Medicine and Rehabilitation Therapy Occupational Advisory Committee in Greene County, Pa (2016). I am also the vice president of the Trinity Youth Baseball League in Washington, Pa (2016) as well as a Scout Volunteer Leader in Troop 1315 in Washington, Pa (2017).

Lastly, I have one publication, one national presentation, and one state presentation:

- Shaffer, J. Recovery from a posterior hip dislocation: a case study. *IJATT*. 2016;21(3):19-23.

- *Using the Kinetic Chain to Create Functional Mobilization Techniques: An Evidence-Based Principles Approach in Treating the Lower Extremity*. Wisconsin Athletic Trainer's Association Annual Meeting & Symposium. Milwaukee, WI
April 15-18th, 2015.

- *Using the Kinetic Chain to Create Functional Mobilization Techniques: An Evidence-Based Principles Approach in Treating the Lower Extremity*. National Athletic Trainer's Association Annual Meeting & Clinical Symposium. Las Vegas, NV
June 27th, 2013.

If elected to the President-Elect Position, I am confident I will be a valuable, hardworking, dedicated, and passionate member striving to continue the advancement of PATS and the profession of Athletic Training. With my skills in program development, assessment, and advancement, I feel I can continue to enhance the success of PATS as the profession continues the advancement of our health care standards. I will ensure that the PATS policies and procedures continue to align with the transitioning standards of practice. As an advocate for the members of PATS, I will help continue to build strong relationships to promote the Athletic Training Profession as a progressive organization of health care professionals. I will ensure the members of PATS are well informed about the direction of the profession. I believe the future is strong for PATS and for our profession as long as we continue to educate our communities and strive to be elite health care providers.

I am enthusiastic, and I love to be active. I enjoy playing golf, spending time with my family and friends, and working with my hands. I have been married for 9 years to my beautiful wife, Meghan. We have two kids; Brayden (6 yrs old) and Abigail (1 yr old), and a dog; Rowdy (9 yrs old).