

## UPMC ATHLETIC TRAINING SEMINAR SCHEDULE

**7:30-8AM: Registration**

**8AM: Opening Remarks**

**8:10AM: Sonia Reuf, MA, ATC**

- "Making the Cut: The Role of Injuries in Attaining the NFL Dream"

**9AM: Dr. Robert Waltrip, MD**

- "ACL Reconstruction: What we thought we knew vs. What we know today"

**9:50AM: Break**

**10AM: Rob Dingle, HSD, LAT, ATC, EMT-B**

- "Reliable Shoulder Evaluation" (EBP)

**10:50AM: Dr. Corey Pacek, MD**

- "Common Hand and Wrist Injuries in the Athlete"

**11:40AM: Lunch**

**12:30PM: Nathan Ernst, Psy.D., MS**

- "Evidence Based Practice in the Management of Sport Related Concussion"

**2:10PM: Break**

**2:20PM: Adam Nelson, MS, LAT**

- "Planning an ACL Injury Prevention Program"

**3:10PM: Lisa Anderson, ATC**

- "E-cigarettes & Vaping"

**4PM: Closing Remarks**

---

**Questions about the event?**

**Contact 412-432-3695**

**Complimentary parking at:**

**UPMC Luna Garage**

---



**MAY 19, 2019**

---

**HERBERMAN  
CONFERENCE CENTER  
AT UPMC SHADYSIDE  
HOSPITAL**

---

**5150 CENTRE AVE.,  
PITTSBURGH, PA.  
15232**

---

**BREAKFAST: FRUIT,  
BAGELS, COFFEE,  
JUICE, AND YOGURT**

---

**LUNCH: BAGGED  
TURKEY/HAM  
SANDWICHES,  
SALAD, FRUIT, AND  
DRINK**

---

**CEU CERTIFICATES  
EMAILED POST SURVEY  
COMPLETION**