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President

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February 9, 2017

Honorable Stephen Barrar
18 East Wing
PO Box 202160
Harrisburg, PA 17120-2160

Dear Representative Barrar:

On behalf of the Pennsylvania Athletic Trainers' Society, representing the licensed athletic trainers of the Commonwealth, we are writing to inform you of our support of your intended legislation to ensure high school students receive hands-only CPR instruction.

As you are aware, the American Heart Association has been actively campaigning Hands-Only CPR for the past few years. The American Red Cross has also endorsed hands-only CPR. Chest compressions performed by bystanders, without mouth-to-mouth breathing, has been shown to increase a person's chance of survival according to studies conducted by the University of Arizona Sarver Heart Center. They have even found an increase in survival compared to traditional CPR with mouth breathing. Empowering our youth with this knowledge could lead to increased survival rates.

PATS strongly supports your efforts to improve the health and well-being of the citizens in the Commonwealth by helping to reduce the possibility of death from a cardiac event.

PATS is willing to be of any assistance that you would. If you would like more information on PATS or Licensed Athletic Trainers, it can be found at www.gopats.org. Please contact me at president@gopats.org with any questions.

Sincerely,

Gaetano Sanchioli, MS, LAT, ATC, PES
PATS President

The Keystone to a Healthy and Physically Active Life

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