



Gaetano Sanchioli, MS, LAT, ATC, PES
Pennsylvania Athletic Trainers' Society, Inc.
President

610-496-4192
president@gopats.org

January 24, 2017

Honorable Tim Briggs
527E Main Capitol Building
PO Box 202149
Harrisburg, PA 17120-2149

Dear Representative Briggs:

On behalf of the Pennsylvania Athletic Trainers' Society, representing the licensed athletic trainers of the Commonwealth and our long-standing favorable relationship, we would like to inform you of our support of the re-introduction of the Healthy Kids, Healthy Future Act. We are encouraged that this Act would require at least 30 minutes of moderate to vigorous physical activity during every regular school day in our secondary schools.

PATS strongly believes in the benefits of physical education with our youth and in our society as a whole. As you are aware, according to the 2008 Physical Activity Guidelines for Americans (www.health.gov), "physical activity should be an essential component of any comprehensive disease prevention and health promotion strategy for Americans." A key point of the guideline that you spoke of in your memo is that children and adolescents over the age of six should engage in 60 minutes or more of physical activity daily. Your bill will help to encourage all youth to begin and maintain physical activity and make gains towards the recommended 60 minutes of daily physical activity. The Healthy Kids, Healthy Future Act could be the beginning of lifelong habits that will ultimately benefit the youth of the Commonwealth and potentially reduce health concerns with this population as they age.

PATS strongly supports your efforts to improve the health and well-being of the children and adolescents in the Commonwealth.

PATS is willing to be of any assistance that you would need. Please contact me at president@gopats.org with any questions.

Sincerely,

Gaetano Sanchioli, MS, LAT, ATC, PES
PATS President

The Keystone to a Healthy and Physically Active Life

gopats.org | twitter.com/gopatsAT | facebook.com/gopatsAT