



Gaetano Sanchioli, MS, LAT, ATC, PES
Pennsylvania Athletic Trainers' Society, Inc.
President

610-496-4192
president@gopats.org

January 16, 2017

Honorable Angel Cruz
528E Main Capitol Building
PO Box 202180
Harrisburg, PA 17120-2180

Dear Representative Cruz:

On behalf of the Pennsylvania Athletic Trainers' Society, representing the licensed athletic trainers of the Commonwealth, we are writing to inform you of our support of the re-introduction of former HB 539 that would provide for physical education participation in our schools.

PATS strongly believes in the benefits of physical education with our youth and in our society as a whole. According to the 2008 Physical Activity Guidelines for Americans (www.health.gov), "physical activity should be an essential component of any comprehensive disease prevention and health promotion strategy for Americans." A key point of the guideline is that children and adolescents over the age of 6 should engage in 60 minutes or more of physical activity daily. Your bill will help to encourage potential sedentary youth to begin and maintain physical activity. This promotion can be the beginning of lifelong habits that will ultimately benefit the youth of the Commonwealth and the potentially reduce health concerns with this population as they age.

PATS strongly supports your efforts to improve the health and well-being of the children and adolescents in the Commonwealth.

PATS is willing to be of any assistance that you would. If you would like more information on PATS or Licensed Athletic Trainers, it can be found at www.gopats.org. Please contact me at president@gopats.org with any questions.

Sincerely,

Gaetano Sanchioli, MS, LAT, ATC, PES
PATS President

The Keystone to a Healthy and Physically Active Life

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