

**Sunday
May 21, 2017**

Current Issues in Athletic Training

Presented by: UPMC Sports Medicine

Tentative Speakers & Topics

“SLAP tears and biceps complex injuries: Evaluation and treatment”

Dr. Albert Lin, MD

*Assistant Professor of Orthopaedic Surgery-Division of Shoulder Surgery and Sports Medicine
UPMC Center for Sports Medicine*

“6 Clinical Trajectories of Concussion”

Natalie Sandel, PsyD, MBA

Neuropsychology Fellow-UPMC Concussion Center

“Repetitive Stress Injuries in Athletes”

Dr. David Espinoza, MD

Primary Care Sports Medicine Fellow- UPMC St. Margaret

“Fatigue in Athletes”

Dr. Chris Urbanek, DO, ATC, PES

Primary Care Sports Medicine Fellow- UPMC St. Margaret

“Feed & Fuel Your Future Sports Performance”

Jeff Lucchino, MS, RDN, CSSD

Sports Dietitian-UPMC Lemieux Sports Complex

“Potentially Cervical Spine- Injured Ice Hockey Athlete, An EBP Presentation”

Cara DeSalvo, MEd, LAT, ATC

Athletic Trainer-UPMC Sports Medicine

“An Evidence Based Approach to Using Manual Lymph Drainage (MLD) to Improve Patient Oriented Outcomes”

Adam A. Nelson, MS, LAT, ATC

Athletic Trainer-UPMC Sports Medicine

“Wound Care Management”

Rob Dingle, HSD, LAT, ATC, EMT-B

Athletic Trainer-UPMC Sports Medicine



**3 EBP CEU's and 5 Category A CEU's available
Provider number: P2760**

Date: Sunday May 21, 2017

Time: 8:00am-4:00pm (Registration 7:30-8am)

Where: Duratz Athletic Complex
3450 South Water Street
Pittsburgh PA, 15203

Cost: \$100 Certified/\$50 Student

RSVP: by **April 28, 2017**

Breakfast and Lunch provided

Free parking

Registration Link:

<https://upmc.asapconnected.com/classdetail.aspx?org=3750&pk=789120>

Students discount code: atstudent2017 (must present ID)

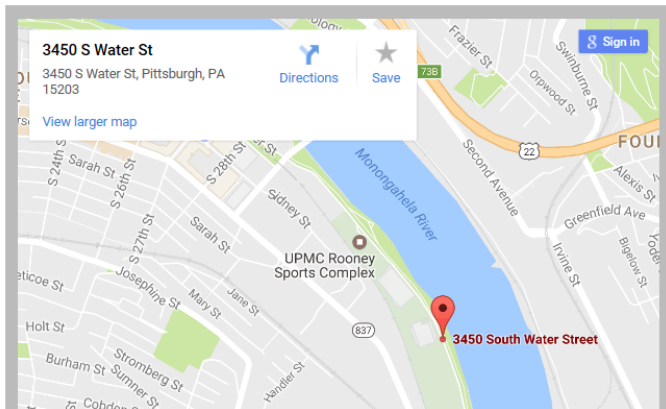
A special thank you to
this years sponsor:



Directions

Address

3450 South Water Street
Pittsburgh PA, 15203



From the North

Take I-79S toward Pittsburgh. Keep LEFT and take I-279S, Exit 72 to Pittsburgh. Merge onto I-579S (on RIGHT), Exit 8A towards Veteran's Bridge. Take 7th Avenue Exit toward 6th Avenue and take 6th Avenue ramp. Merge onto Bigelow Blvd. Bigelow becomes Ross Street. Turn LEFT onto Second Avenue and follow to Hot Metal Street. Make a left at the end of the Hot Metal Street Bridge onto South Water Street.

From the South

Take Route 51N or Route 19N to Liberty Tunnels (be sure to be in RIGHT lane). Make immediate RIGHT onto PJ McArdle Roadway. At light, turn LEFT on Arlington Avenue. Make SHARP RIGHT onto E. Carson Street. Follow to S 29th Street/Hot Metal Street and make LEFT. Follow 29th Street/Hot Metal Street to the last light before the Hot Metal Street Bridge. Make the RIGHT onto South Water Street.

From the East

Take I-376 W/US-22W toward Pittsburgh. Take PA-885, Exit 3A/Glenwood and merge onto Bates Avenue. Turn LEFT onto Second Avenue (be careful not to turn on Monroeville ramp). Then turn right onto Hot Metal Street. Make a left at the end of the Hot Metal Street Bridge onto South Water Street.

From the West

From PA Turnpike East/I-79, merge onto US-22E and continue onto I-279N. Take Exit 6A/Monroeville onto I-376E. On LEFT, take Exit 1C/Grant Street onto Grant Street. Turn RIGHT onto First Avenue and then LEFT onto Ross Street. Turn RIGHT onto Second Avenue. Then turn right onto Hot Metal Street

Parking:

You may park in the parking lot on the right immediately after passing the Rooney Sports Complex & walk over to the Pitt facility classroom. You will receive a token to exit. **UPMC staff- fill the patient lot before proceeding to the middle lot.** Staff will be available to help direct.

Accessing the Building:

Walk past the indoor training facility. The Pitt Duratz Athletic Complex is on the right side of the building. Enter through the glass front doors and either take the elevator or stairs to the second floor. Go past the café on your right and go through the set of doors and enter the classroom on your right. If you are arriving late, please enter the classroom from the rear entrance.

Questions? E-mail us at:

UPMCathleticTrainingSeminar@upmc.edu