

NATA Position, Consensus, Official and Support Statements

The ***NATA Position, Consensus, Official and Support Statements*** conveys the most effective clinical treatments and approaches for the various conditions and situations athletic trainers encounter on a daily basis. To review any of the below documents go to <http://www.nata.org/statements>

NATA Position Statements: (Scientifically based, peer reviewed research with a team of authors who are experts on the subject – NATA Pronouncements Committee has oversight over position statements)

- Anabolic-Androgenic Steroids
- Preventing Sudden Death in Sports
- Heat Illness
- Safe Weight Loss and Maintenance Practices in Sport and Exercise
- Pediatric Overuse Injuries
- Preventing, Detecting, and Managing Disordered Eating in Athletes
- Management of the Athlete with Type 1 Diabetes Mellitus
- Management of sport-related concussion
- Management of asthma in athletes
- Lightning safety for athletics and recreation
- Head down contact and spearing in tackle football
- Fluid replacement for athletes
- Emergency planning in athletics
- Environmental Cold Injuries
- Acute management of the cervical spine-injured athlete
- Skin Diseases

NATA Official Statements: (Brief statements on timely topics)

- Automated external defibrillators
- Commotio cordis
- Communicable and Infectious Diseases in Secondary School Sports
- Community-acquired MRSA infections
- Full-time, on-site athletic trainer coverage for secondary school athletic programs
- Proper Supervision of High School Athletic Training Student Aides
- Providing Quality Health Care and Safeguards to Athletes of All Ages and Levels of Participation
- Steroids and performance enhancing substances
- “Time Outs” Before Athletic Events Recommended for Health Care Providers
- Use of qualified athletic trainers in secondary schools
- Youth football and heat related illness

NATA Consensus Statements (The product of inter-association task forces spearheaded by NATA)

- Inter-Association Task Force for Preventing Sudden Death in Collegiate Conditioning Sessions: Best Practices Recommendations
- Preseason heat-acclimatization guidelines for secondary school athletics
- Managing Prescriptions and Non-Prescription Medication in the Athletic Training Facility
- Appropriate medical care for secondary school-age athletes
- Inter-Association Recommendations on Emergency Preparedness and Management of Sudden Cardiac Arrest in High School and College Athletic Programs
- Inter-Association Task Force on Exertional Heat Illnesses
- Prehospital Care of the Spine-Injured Athlete
- Acute Management of the Cervical Spine Injured Athlete position statement
- Sickle Cell Trait and the Athlete

NATA Support Statements (NATA and outside organizations support each other's stance on a particular topic)

- The Coalition to Preserve Patient Access to Physical Medicine and Rehabilitation Services
- American Academy of Family Physicians' support of athletic trainers for high school athletes
- American Medical Association's support of athletic trainers in secondary schools
- Appropriate medical care for secondary school-age athletes
- Endorsement of NATA Lightning Position Statement by the American Academy of Pediatrics
- Recommendations and guidelines for appropriate medical coverage of intercollegiate athletics